



ALAN SHARMAN AGENCY

Lauren T



Television/Educational

2018, Natasha (Lead), Pearsons Educational Series - Asthma, Pearson's - Subject Matters USA, Steve Jelley and Simon Windsor

Commercials/Internet

2018, Internet, Sasha, Bright Futures UK, Crocodile Films, Toby Stewart
2017, Commercial, Sister, LIDL UK, Outsider, Jim Gilchrist
2017, Commercial, Graduate, Cornerhouse, Notts TV, Dave Smith
2016, Internet, Student, Dare to be Different, Skeleton Productions, Dave Smith
2015, Internet, Girlfriend, Britvic - J20, Ivory Films, Rowland Kimber
2015, Internet, Student, Unilever, Pulse Films, Nicolas Perez Veiga

Films

2018, Film, Diana (Lead), Clear Break, Supermassive LTD - Met Film School, Elly Arden Jolly – Malick Kane
2018, Film, Jamaican Irene, The Date, White Heat Films, Rishi Opel
2017, Film, Chloe (Lead), Roomate, Austin Productions, Will Austin
2016, Film, (Lead), The Woman in the Walls, SAE Institute, Mollie Hill
2016, Film, (Lead), Nottingham Loves Grads - Nottingham City Council, Spool Films, Simon Dyson
2016, Film, Lead, KISS Moments, Lemonade Money, Theo Williams
2016, Short Film, Ellen (Lead), Changes, Green Room Films, Thomas Edwards
2015, Film, Lauren, COLOURS, Asylum Films, Peter Lee Scott
2014, Film, Co-star, Room 236, Frank Films Productions, Frank Figueroa
2014, Film, Co-star, INHABITED, Trent Duncan Productions, Trent Duncan

Theatre/Live Performances

2017, Stage, Ensemble, Musical Theatre Master class Showcase, The Other Palace, Michael Xavier
2016, Stage, Maeve, Blue Stocking LAMDA (Summer 2016), Scott Ellis
2016, Stage, Lead singer, Revival Gospel Choir, Kat Elmes
2013, Stage, Vocalist, HWMC Gala Concert, Royal Albert Hall, David Gray
2013, Stage, Contemporary Dancer, Highlights, WHS, Lisa Celozzi
2013, Stage, Contemporary Dancer/ Lead, Dance Project 6, Swan Theatre, Maria Ryan
2010, Stage, Saxophonist (solo), HWMC Gala Concert, Royal Albert Hall, Simon Salisbury
2010, Stage, Lead Vocal ist (Stage Choir), HWMC Gala Concert, Royal Albert Hall, Simon Salisbury

Workshop

2018, Workshop, Performer, Screen Acting Workshop, The Actors Guild, Beatrice Ray
2017, Workshop, Performer, Screen Acting Workshop, The Actors Guild, Seth Mason
2016, Workshop, Performer, Screen Acting Workshop, Mixing Networks, Emily Brockman
2016, Workshop, Performer, Screen Acting Workshop, Mixing Networks, Lauren Evans
2016, Workshop, Participant, 16-21: Inside the Rehearsal Room of TheDeep Blue Sea, National Theatre, Rosemary McKenna
2016, Workshop, Participant, The American Academy of Dramatic Arts Workshop, American Academy of Dramatic Arts, Susan Pilar
2015, Workshop, Participant, Audition Technique, Invertigo Theatre Company, Tim Bowie
2015, Workshop, Theatre Maker, NT: Development Weekend, National Theatre, Melanie Wilson, Rob Watt and Beth Nesbitt
2014, Workshop, Participant, Professional Industry Seminars, Lisa Maile School, Debbie Tapia / Debbie Wisner

Voice-over

2016, Film, (Lead), Nottingham Loves Grads - Nottingham City Council, Spool Films, Simon Dyson

Still Photography

2017, Still Photography, Student Model, The University of Nottingham Accommodation, UON, Nottingham Marketing Department
2017, Still Photography, Model, WorldRemit - Money Transfer App, Brave Spark Media, Dav Rapper
2016, Still Photography, Model, Henrik Knudsen Project 2016 (Blippar App) , HK Photography, Henrik Knudsen
2016, Still Photography, Model, Politics and International Relations Prospectus, University of Nottingham, Carole Yates
2015, Still Photography, Student, OISE (Oxford Intensive School of English), Oxford Intensive School of English, Ibán Rios
2015, Still Photography, Student Model, The University of Nottingham Prospectus, The University of Nottingham, Nottingham Marketing

Training

Actors Door Studio - Meisner Technique 2018
University of Nottingham BA (Hons)
Musical Theatre Masterclass
LAMDA Short Course
The American Academy of Dramatic Arts Workshops
National Theatre Creative Development Weekends and Workshops
The Nottingham Actors Studio
The Actors Workshop Nottingham 2014-2017
The Lisa Maile School – 1 yr Professional Acting Programme –Orlando,Florida
Grade 5 Music theory ABRSM

SPECIAL SKILLS - BA (Hons) Politics and IR, Green Screen, VR, Cheerleader, Voice-over, Valid Passport, Swimmer, Ice Skating, Netball, Car Driving Licence. Singer, Mezzo-Soprano Soprano,

Vocal Range

G3 to G5 (belt to C5)

Accents & Dialects

African, African-West, American-Southern States, American-Standard, Ghanaian, Jamaican, London, Nigerian, RP*